

S.O.A.P.

for personal Bible study

1. **PRAY** Ask God to speak with you. This is your divine appointment with God each day.
2. **REVIEW** Think about significant parts of the previous day — a conversation, conflict, project, event — anything that stands out over the last 24 hours.
3. **TITLE** Leave room at the top of each day's entry for a title, which you will write in **after** you have completed the S.O.A.P. method.



SCRIPTURE Read the passage twice. Underline or highlight what stands out to you. Choose one word, phrase, or verse that speaks to you and write it word for word.

OBSERVATION Focus on the scripture you copied. Make observations about the text — such as, what you think the author meant. Write a paraphrase of the text, outline it, or write questions for clarity.

APPPLICATION Ask yourself how the scripture applies to your life. Write out your answers to these questions: What will you do? When will you do it? With whom will you do it?

PRAYER Converse with God by writing a short prayer based on what you learned. Go back and put a title to your journal entry.

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BIBLE READING PLAN

The Bible Reading Plan takes you chronologically through the entire Bible in two years (four quarters per year), interspersing Old and New Testament scripture. Challenge yourself to digest each Scripture by writing your insights down in a journal.

YEAR 2, QUARTER 3 JULY 1 - SEPT 30

□7.1 Romans 7	□8.1 Romans 14	□9.1 Jeremiah 31-32
□7.2 Hosea 1-5	□8.2 Romans 15	□9.2 Jeremiah 33-35
□7.3 Hosea 6-9	□8.3 Romans 16	□9.3 Jeremiah 36-37
□7.4 Hosea 10-14	□8.4 2 Kings 20-21	□9.4 Jeremiah 38-40
□7.5 Isaiah 28-30	□8.5 2 Chron 32-33	□9.5 Philemon
□7.6 Isaiah 31-32	□8.6 Nahum 1-2	□9.6 Ephesians 1
□7.7 Isaiah 33-34	□8.7 Nahum 3	□9.7 Ephesians 2
□7.8 Isaiah 35-36	□8.8 2 Kings 22-23	□9.8 Ephesians 3
□7.9 Isaiah 37-39	□8.9 2 Chron 34-35	□9.9 Ephesians 4
□7.10 Psalm 76	□8.10 Zephaniah 1	□9.10 Ephesians 5
□7.11 Isaiah 40-41	□8.11 Zephaniah 2-3	□9.11 Ephesians 6
□7.12 Isaiah 42-43	□8.12 Acts 20-21	□9.12 Psalm 74,79
□7.13 Isaiah 44-45	□8.13 Acts 22-23	□9.13 2 Kings 24-25
□7.14 Isaiah 46-48	□8.14 Acts 24-26	□9.14 2 Chron 36
□7.15 2 Kings 19	□8.15 Acts 27-28	□9.15 Habakkuk
□7.16 Psalm 46,80,135	□8.16 Colossians 1	□9.16 Jeremiah 41-43
□7.17 Isaiah 49-50	□8.17 Colossians 2	□9.17 Jeremiah 44-45
□7.18 Isaiah 51-52	□8.18 Colossians 3	□9.18 Jeremiah 46-48
□7.19 Isaiah 53-54	□8.19 Colossians 4	□9.19 Jeremiah 49-50
□7.20 Isaiah 55-56	□8.20 Jeremiah 1-2	□9.20 Jeremiah 51-52
□7.21 Isaiah 57-58	□8.21 Jeremiah 3-5	□9.21 Lament 1-2
□7.22 Isaiah 59-60	□8.22 Jeremiah 6-7	□9.22 Lament 3
□7.23 Isaiah 61-62	□8.23 Jeremiah 8-10	□9.23 Lament 4-5
□7.24 Isaiah 63-64	□8.24 Jeremiah 11-12	□9.24 Philippians 1
□7.25 Isaiah 65-66	□8.25 Jeremiah 13-15	□9.25 Philippians 2
□7.26 Romans 8	□8.26 Jeremiah 16-17	□9.26 Philippians 3
□7.27 Romans 9	□8.27 Jeremiah 18-20	□9.27 Philippians 4
□7.28 Romans 10	□8.28 Jeremiah 21-22	□9.28 1 Timothy 1
□7.29 Romans 11	□8.29 Jeremiah 23-25	□9.29 1 Timothy 2
□7.30 Romans 12	□8.30 Jeremiah 26-27	□9.30 1 Timothy 3
□7.31 Romans 13	□8.31 Jeremiah 28-30	

BIBLE READING PLAN

The Bible Reading Plan takes you chronologically through the entire Bible in two years (four quarters per year), interspersing Old and New Testament scripture. Challenge yourself to digest each Scripture by writing your insights down in a journal.

YEAR 2, QUARTER 4 OCT 1 - DEC 31

□10.1 1 Timothy 4	□11.1 Hebrews 1-2	□12.1 Neh 1-2
□10.2 1 Timothy 5-6	□11.2 Hebrews 3-4	□12.2 Neh 3-4
□10.3 Titus 1-3	□11.3 Hebrews 5-6	□12.3 Neh 5-6
□10.4 1 Peter 1	□11.4 Hebrews 7-8	□12.4 Neh 7-8
□10.5 1 Peter 2	□11.5 Hebrews 9-10	□12.5 Neh 9-10
□10.6 1 Peter 3	□11.6 Hebrews 11	□12.6 Neh 11-13
□10.7 1 Peter 4	□11.7 Hebrews 12-13	□12.7 Psalm 126
□10.8 1 Peter 5	□11.8 2 Timothy 1	□12.8 1 John 1
□10.9 Ezekiel 1-3	□11.9 2 Timothy 2	□12.9 1 John 2
□10.10 Ezekiel 4-6	□11.10 2 Timothy 3-4	□12.10 1 John 3
□10.11 Ezekiel 7-9	□11.11 2 Peter 1-2	□12.11 1 John 4
□10.12 Ezekiel 10-12	□11.12 2 Peter 3	□12.12 1 John 5
□10.13 Ezekiel 13-15	□11.13 Jude	□12.13 2 John
□10.14 Ezekiel 16-18	□11.14 Ezra 1-2	□12.14 3 John
□10.15 Ezekiel 19-21	□11.15 Ezra 3-4	□12.15 Malachi 1-2
□10.16 Ezekiel 22-24	□11.16 Ezra 5-6	□12.16 Malachi 3-4
□10.17 Ezekiel 25-27	□11.17 Psalm 137	□12.17 Rev 1
□10.18 Ezekiel 28-30	□11.18 Haggai	□12.18 Rev 2
□10.19 Ezekiel 31-33	□11.19 Zech 1-3	□12.19 Rev 3
□10.20 Ezekiel 34-36	□11.20 Zech 4-6	□12.20 Rev 4
□10.21 Ezekiel 37-39	□11.21 Zech 7-9	□12.21 Rev 5
□10.22 Ezekiel 40-42	□11.22 Zech 10-11	□12.22 Rev 6
□10.23 Ezekiel 43-45	□11.23 Zech 12-14	□12.23 Rev 7
□10.24 Ezekiel 46-48	□11.24 Esther 1-2	□12.24 Rev 8-9
□10.25 Joel 1-3	□11.25 Esther 3-4	□12.25 Rev 10
□10.26 Daniel 1-2	□11.26 Esther 5-6	□12.26 Rev 11-12
□10.27 Daniel 3-4	□11.27 Esther 7-8	□12.27 Rev 13-14
□10.28 Daniel 5-6	□11.28 Esther 9-10	□12.28 Rev 15-16
□10.29 Daniel 7-8	□11.29 Ezra 7-8	□12.29 Rev 17-18
□10.30 Daniel 9-10	□11.30 Ezra 9-10	□12.30 Rev 19-20
□10.31 Daniel 11-12		□12.31 Rev 21-22

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YEAR 1, QUARTER 1 JAN 1 - MAR 31

□1.1 Genesis 1	□2.1 Job 23-24	□3.1 Genesis 26
□1.2 Genesis 2-3	□2.2 Job 25-26	□3.2 Gen 27-28
□1.3 Genesis 4	□2.3 Job 27-28	□3.3 Genesis 29
□1.4 Genesis 5-6	□2.4 Job 29-30	□3.4 Genesis 30
□1.5 Genesis 7-8	□2.5 Job 31-32	□3.5 Genesis 31
□1.6 Genesis 9	□2.6 Job 33-34	□3.6 Genesis 32
□1.7 Genesis 10-11	□2.7 Job 35-36	□3.7 Genesis 33
□1.8 Luke 1	□2.8 Job 37-38	□3.8 Genesis 34
□1.9 John 1; Matt 1	□2.9 Job 39-40	□3.9 Gen 35-36
□1.10 Luke 2	□2.10 Job 41-42	□3.10 Genesis 37
□1.11 Matthew 2-3	□2.11 Luke 6	□3.11 Genesis 38
□1.12 Mark 1	□2.12 Matthew 5	□3.12 Gen 39-40
□1.13 Luke 3	□2.13 Matthew 6	□3.13 Gen 41-42
□1.14 Matthew 4	□2.14 Matthew 7	□3.14 Gen 43-44
□1.15 Luke 4-5	□2.15 Matthew 9	□3.15 Genesis 45
□1.16 John 2-3	□2.16 Luke 7	□3.16 Gen 46-47
□1.17 John 4	□2.17 Matthew 11	□3.17 Genesis 48
□1.18 Matt 8; Mark 2	□2.18 Genesis 12	□3.18 Genesis 49
□1.19 John 5	□2.19 Genesis 13	□3.19 Genesis 50
□1.20 Matt 12; Mark 3	□2.20 Genesis 14	□3.20 Exodus 1
□1.21 Job 1-2	□2.21 Genesis 15-16	□3.21 Exodus 2
□1.22 Job 3-4	□2.22 Genesis 17	□3.22 Exodus 3
□1.23 Job 5-6	□2.23 Genesis 18	□3.23 Exodus 4
□1.24 Job 7-8	□2.24 Genesis 19	□3.24 Exodus 5
□1.25 Job 9-10	□2.25 Genesis 20	□3.25 Exodus 6
□1.26 Job 11-12	□2.26 Genesis 21-22	□3.26 Exodus 7-8
□1.27 Job 13-14	□2.27 Genesis 23	□3.27 Exodus 9
□1.28 Job 15-16	□2.28 Genesis 24	□3.28 Exodus 10
□1.29 Job 17-18	□2.29 Genesis 25	□3.29 Ex 11-12
□1.30 Job 19-20		□3.30 Exodus 13
□1.31 Job 21-22		□3.31 Ex 14-15